Student Information

Semester: Fall  
Course: AT 5140 Advanced Practice: Current Topics  
Preceptor: Anderson, Barton  
Clinical Site: ATSU AT Program Research

Patient Demographics

Age: 15 years  
Gender: Male  
Race: White, Non Hispanic

Clinical Information

Time with Patient: 20 minutes  
Consult with Preceptor: 10 minutes  
Student Participation: Complex skills used  
Patient Education: provided instructions on patellar taping, as well as a home care program

Medical Diagnosis/ICD Codes

#1 - 717.7 - CHONDROMALACIA PATELLA

Competencies (Observed/Assisted/Performed) (Critical in Bold)

Clinical Evaluation and Diagnosis - Educate individual on clinical evaluation results (Perf)  
Clinical Evaluation and Diagnosis - Examine through appropriate and specific tests (Perf)  
Clinical Evaluation and Diagnosis - Examine through visual and palpation techniques (Perf)  
Clinical Evaluation and Diagnosis - Formulate a clinical diagnosis (Perf)  
Clinical Evaluation and Diagnosis - Obtain history by observation and/or interview (Perf)  
Treatment and Rehabilitation - Administer therapeutic and conditioning exercises (Perf)  
Treatment and Rehabilitation - Apply braces splints and assistive devices (Perf)  
Professional Behaviors - Engage in self-reflection activities (Perf)  
Professional Behaviors - Implement continued quality improvement (Perf)  
Professional Behaviors - Outcomes data influence patient care decisions (Perf)  
Professional Behaviors - Outcomes data was analyzed (Perf)  
Professional Behaviors - Outcomes data was collected (Perf)  
Professional Behaviors - Utilize healthcare informatics and technology (Perf)

Other Questions About This Case

Rate Confidence with Encounter: 3 - Somewhat Confident  
Gained new knowledge: Yes  
Case presentation was new or different: Yes  
New classroom knowledge was used: Yes  
EPB was used:  
Outcomes data was collected: Yes  
Type of outcome - single item: Yes  
Type of outcome - multi item, generic:  
Type of outcome - multi item, specific: 

Clinical Notes

I was only somewhat confident since this presentation was unique as patient was tender along superior patella rather than traditional medial soreness. I wasn’t sure at first of the diagnosis and treatment approach. Used new patellar taping technique from class and found that pulling the patella laterally actually reduced symptoms - which is not usually the case in my past experiences. Clinical preceptor confirmed that this was unique, as they had never seen this type of tape application either. Assess patellar taping with a global rating of function prior to and following tape application.

Encounter Continuity

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